Mountain Weather Forecast

Southwest Highlands

Including Ben Nevis, Glen Coe and the rest of Lochaber, Argyll including the Isles, Loch Lomond, Trossachs and Arran
Forecast valid from 00:00 on Monday 30 Jan 2023 until 23:59 on Tuesday 31 Jan 2023

Forecast Issued on Sunday 29 Jan 2023 at 13:49 by Met Office Aberdeen

Confidence: High confidence in general weather picture through until Thursday, when confidence decreases. Lower confidence on exact location and timing of strongest winds Tuesday into Wednesday.

Headline for Monday 30 Jan 2023: Early showers clearing to a mostly fine day, further rain into the evening.

Mountain weather hazards on Monday 30 Jan 2023

Blizzards Low Likelihood	**Heavy persistent snow** No Likelihood	**Storm force winds** Low Likelihood
Gales Medium Likelihood	**Severe chill effect** High Likelihood	**Poor visibility** Low Likelihood
Thunderstorms No Likelihood	**Heavy persistent rain** No Likelihood	**Strong sunlight** No Likelihood

Weather and chance of precipitation at 800m							
Time							
00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00
Heavy snow showers (night)	Heavy snow showers (night)	Partly cloudy (night)	Sunny intervals	Sunny intervals	Sunny intervals	Sleet	Heavy Rain
Precipitation probability							
60%	40%	30%	10%	20%	20%	70%	70%

Forecast for Monday 30 Jan 2023

Weather: Winds and showers, falling as snow above around 600-800m, will ease early on Monday morning to leave a mostly fine day with sunny spells. Clouding over from the west from late afternoon, with outbreaks of light rain, perhaps sleet at first, following behind. Rain turning heavier later in the evening.

Chance of cloud-free hill tops above 800m: 20% through the early hours, increasing to 70-80% through the majority of the day, decreasing to 10-20% into the evening.

Low Cloud and visibility: Low cloud and poor visibility in association with showers at first, patchy low cloud possibly lingering through the day at 500-700m but with good breaks and generally good visibility. Extensive low cloud during the evening with moderate or poor visibility.

Check our weather forecast every day to get the most accurate and up to date information
http://www.metoffice.gov.uk/public/weather/mountain-forecast
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Forecast for Monday 30 Jan 2023

Height (m)	Wind Speed mean/gusts (mph)					Wind Direction (blowing from)			
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	57/73 W	51/64 NW	38/48 NW	26/32 W	22/29 W	24/32 SW	29/39 SW	40/54 SW	39/53 SW
900	41/56 W	34/46 NW	24/34 NW	16/22 W	15/22 W	18/26 W	20/30 SW	27/40 SW	28/42 SW
600	44/57 W	35/46 W	27/36 W	17/23 SW	16/22 SW	19/26 SW	24/33 SW	35/48 SW	31/45 SW
300	25/38 W	22/33 W	14/23 NW	7/12 W	8/13 SW	10/18 SW	13/23 SW	20/34 SW	18/32 SW
Glen	19/40 W	13/32 W	8/23 W	5/14 NW	6/14 W	7/17 SW	10/23 SW	16/34 SW	14/33 SW

Height (m)	Temperature / Feels Like (°C)								
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	-4/-16	-4/-15	-4/-14	-4/-13	-3/-11	-3/-11	-3/-11	-1/-10	0/-8
900	-2/-11	-1/-10	-2/-9	-2/-8	-0/-6	-0/-6	-0/-7	1/-6	2/-4
600	0/-8	1/-7	1/-6	0/-5	2/-3	2/-3	2/-4	3/-4	5/-1
300	3/-4	4/-2	3/-1	2/-1	4/2	5/2	4/0	5/0	7/2
Glen	5/-0	5/1	5/2	4/2	7/5	7/5	6/3	7/3	8/5
Freezing Level*	600m	700m	600m	700m	800m	800m	900m	1200m	1400m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Feeling very cold at height, particularly in strong winds.

Forecast for Tuesday 31 Jan 2023
Weather: Very strong winds throughout with frequent showers, falling as snow above 400m, along with the risk of lightning and hail.

Maximum wind: Westerly 20-30 mph gusting 45-55 mph through much of the day, increasing to 35-40 mph gusting 60-65 mph later in the evening.

Chance of cloud-free hill tops above 800m: 10-20% throughout.

Low Cloud and visibility: Extensive broken cloud and poor visibility expected throughout the day, brief better interludes in any gaps between showers.

Temperature: **Glens:** Plus 5 to 7 Celsius.
At 800m: Plus 2 Celsius falling to minus 3 or 4.
Freezing level: Briefly 1000-1400m during the early hours, falling to 400-600m.

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